

Are you under 19 and help care for someone who is ill, disabled, elderly, or misuses drugs or alcohol?

You are
not
alone


Carers
in Hertfordshire

charity registration number 1085491

Our Young Carers Service is there for you!



Making Young Carers Count

Working with:



Hertfordshire



Our Young Carers Service offers free support including:

- Home visits to find out what's important to you and your family and how we can help.
- Activities to meet other young carers and give you a break from caring.
- The Carers' Passport Discount Card - save money when shopping or out.
- Opportunities to have your say, for example through our Young Carers' Council.



Contact us by calling 01992 58 69 69

Email: young.carers@carersinherts.org.uk

Visit our website www.ycih.org

Write to: Carers in Hertfordshire (Young Carers Service),
The Red House, 119 Fore Street, Hertford, Herts, SG14 1AX.

Find us at:  @ycherts  @cleveland_ycherts

There's also information on the free Young Carers in Hertfordshire App available for android devices via Google Play.